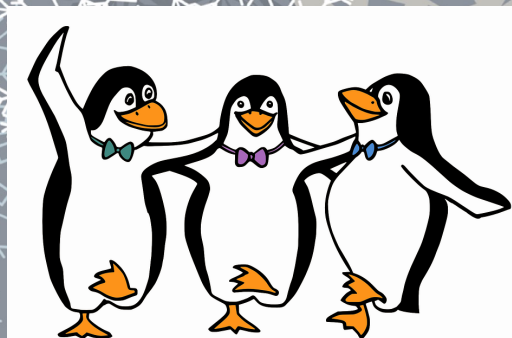




*This institution is an equal opportunity provider and employer*

# WHITESIDE ELEMENTARY SCHOOL



**Wednesday, January 3**

## **Breakfast**

Breakfast Bagel

## **Lunch**

-Cheese Quesadilla  
-Mini Corn Dogs  
-Deli Sandwich  
Candied Sweet Potatoes  
Chilled Pears  
Cold Milk

(No Salads Today)

**Thursday, January 4**

## **Breakfast**

Strawberry Pop Tarts  
Lunch

-Popcorn Chicken,  
Pretzel Bites & Cheddar  
Cheese Sauce  
-Hamburger on Bun  
-Deli Sandwich  
Green Beans  
Sweet Craisins  
Cold Milk  
(No Salads Today)

**Friday, January 5**

## **Breakfast**

Blueberry Muffins

## **Lunch**

-Soft Beef Tacos  
-Deli Sandwich  
Fiesta Beans  
Fresh Apple  
Cold Milk  
(No Salads Today)

**WE OFFER GENERAL MILLS  
CEREAL AND CEREAL BARS  
AS ADDITIONAL  
BREAKFAST ENTRÉE  
CHOICES.**

**BREAKFAST INCLUDES MILK,  
FRUIT AND JUICE CHOICE.**

**Monday, January 8**

## **Breakfast**

Breakfast Pizza

## **Lunch**

-Sausage Pizza  
-Corn Dog  
-Popcorn Chicken Salad  
& Bosco Stick  
-Deli Sandwich  
Seasoned Carrots  
Mixed Fruit  
Cold Milk

**Tuesday, January 9**

## **Breakfast**

Bacon, Egg & Cheese Biscuit  
Lunch

-French Toast Sticks &  
Sausage  
-Toasted Cheese Sandwich  
-Caesar Salad & Bosco Stick  
-Deli Sandwich  
Green Beans  
Chilled Applesauce  
Gogurt Yogurt  
Cold Milk

**Wednesday, January 10**

## **Breakfast**

Cinnamon Roll

## **Lunch**

-Chicken Nuggets & Macaroni  
-BBQ Ribette Sandwich  
-Chef Salad & Bosco Stick  
-Deli Sandwich  
Steamed Broccoli  
Frozen Juice Cup  
Cold Milk

**Thursday, January 11**

## **Breakfast**

Banana Muffins

## **Lunch**

-Cheeseburger  
-Turkey & Cheese Wrap  
-Caesar Salad & Bosco Stick  
-Deli Sandwich  
Tator Tots  
Chilled Peaches  
Cold Milk

**Friday, January 12**

## **Breakfast**

Cheesy Scrambled Eggs  
& Biscuit

## **Lunch**

-Cheesy Chicken Nachos  
-Sloppy Joe Sandwich  
-Chef Salad & Bosco Stick  
-Deli Sandwich  
Cheesy Refried Beans  
Orange Smiles  
Cold Milk

# GREAT STARTS.

A fast start is so important. And what better way to start the New Year than by starting each NEW DAY with a healthy, complete breakfast? You'll have more energy, be more alert, and feel full through the morning!



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
WELLNESS IS A WAY OF LIFE!**